

# Canoeing



Canoeing is historically a mode of transportation but is now used more recreationally (at least in the UK!).

Canoes are a sit in boat, normally seating up to four people. They are paddled with a single bladed paddle (which is the key difference from kayaking, which uses a double blade).

We partner with Atlantic Pursuits to provide a great paddling adventure exploring Bude Canal, which is within the Cornwall Area of Outstanding Natural Beauty (AONB).



Please contact us if you'd like to know more.