

## Coasteering



Coasteering allows you to explore the tidal zone of a rocky coastline by climbing, walking or swimming. There are often lots of places to jump in too and maybe even the odd part of the cliff to go through!

We partner with a couple of organisations to enable a great Cornish coastal adventure.

Cornish Coasteering: the session lasts half a day and to refuel afterwards, you will be given a pasty and a hot drink. What else would you want after such an adventure.



Cornish Rock Tors: with over a decade of experience, they offer routes to suit all abilities. This session is half a day and adventure not to be missed.

We do ask that people have the ability to swim 50m as a minimum due to the nature of the activity.



For more information please contact us.