

Kayaking

Kayaking is a form of paddling a boat which sits low to the water.

Kayaking involves sitting with your legs out in front of you in a frog-leg shape, there are kayaks which you sit with your legs inside, under a deck and kayaks that you sit-on-top of.



Kayaking involves the use of a double-bladed paddle to propel the boat forward.



This is a great way to explore watery places.

We partner with Cornish Kayaking to provide a full half day of the activity. This takes place 20 minutes from Menadue on the Camel Estuary.

This is for aged 8+

Please contact us for more information.