



# CANOEING

Canoeing is historically a mode of transportation but is now used more recreationally (at least in the UK!).

Canoes are a sit in boat, normally seating up to four people. They are paddled with a single bladed paddle (which is the key difference from kayaking, which uses a double blade).

We partner with Atlantic Pursuits to provide a great paddling adventure exploring Bude Canal, which is within the Cornwall Area of Outstanding Natural Beauty (AONB).

**Please contact us if you would like to know more.**



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