



KAYAKING

Kayaking is a form of paddling a boat which sits low to the water.

Kaying involves sitting with your legs out in front of you in a frog-leg shape, there are kayaks which you sit with your legs inside, under a deck and kayaks that you sit on top of and involves the use of a double-bladed paddle to propel the boat forward.

We partner with Cornish Kayaking to provide a full half day of the activity. This takes place 20 minutes from Menadue on the Camel Estuary. This is for aged 8+.

Please contact us if you would like to know more.



-  Menadueactivities
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